Hello John A. McDougall Families!

We hope everyone had a restful and enjoyable summer and that you are looking forward to a great 2023-2024 school year. Our staff are excited to welcome students! The following information will be helpful to ensure we all have a great year together as a school community.

Tuesday, September 5, 2023
School begins on Tuesday, September 5, 2023 for all students in grades 1 to 6. The bell rings at 8:40 am and we ask students to arrive close to bell time. School ends at 3:30 pm as Tuesday is a regular day however, on Thursday is our early dismissal day and on those days the students are dismissed at 2:30.

For our newest students, our kindergarten classes will follow a staggered entry schedule and parents will be contacted to book a forty minute appointment to visit the kindergarten classrooms and meet the teachers. These appointments will occur on Tuesday, September 5th, Wednesday, September 6th and Thursday, September 7th.

School Supplies
Our school provides all required school supplies for all students. Please send only indoor runners and a backpack with your child. We do have extra backpacks if your child needs one, please let your child’s teacher know or call the office.

Arriving at School
Students will enter & exit the building at assigned doors. Homeroom classes will enter the school one at a time to ensure we minimize congestion in the hallways. We ask that parents say good-bye to their child outside and that only students come into the building.
Exiting the School at the End of the Day
Students will exit the building by their assigned doors. If you have an older student who picks up a younger sibling, they must exit the building from their assigned doors and walk outside to the exit doors of the younger sibling. We encourage all families to establish a meeting area away from the school to pick up their children.

School Operational Hours
Our Bell Schedule will help with planning your drop off and pick up times for your child. Please remember that classes will be dismissed at 3:30 pm.

Thursday, September 7, 2023
Families are invited to stop by the school sometime between 4:30 pm and 6:00 pm to meet their child’s teacher and visit their child’s classroom.
Our All in For Youth team will also be available to provide information about supports and programs available to students.

**Staying home when sick**
When someone is sick, staying home is one of the most effective ways to keep others from getting sick. It is a good practice for students, and families to monitor for symptoms of illness prior to coming to school. Students exhibiting symptoms of illness will be sent to the sick room and their parents or guardian will be contacted to make arrangements for the student to go home.

**Recess for Elementary students**
We have again implemented two recess times this year as it worked well and minimized recess conflicts.

**Lunch and Nutrition Programs:**
Students will eat their lunch in their assigned classroom. Half of our classes will go outside first, then eat in their classrooms. The other half will eat first, then go outside.

Our goal is to have our E4C Lunch Program running by Tuesday, September 5, 2023. Our E4C lunch program is free for all registered students. Beginning this year, only students who are registered will receive lunch provided by E4C. We encourage all families to take advantage of this amazing service and program.

All students will be provided the option of a nutritious morning snack.

**Parents and Guardians**
Appointments must be made for all visitors to the school. Contact our school office if you need to make an appointment to see our Administration or another staff member.

Should you have any questions, please do not hesitate to contact me through [corene.zmurchik@epsb.ca](mailto:corene.zmurchik@epsb.ca) or the General Office.

In partnership,

Corene Zmurchik, Principal
John A. McDougall School